

Services from 15.11.2020

Not more than 15 persons at a time are allowed inside the building, whatever service they have come to use. We ask all visitors to leave DoucheFLUX immediately after using one of the available services.

General opening hours

- from Tuesday to Friday from 8.30 to 16.00
Please note that on Wednesday DoucheFLUX is open exclusively to women!
- Saturday from 10.30 to 16.00

Showers

- From Tuesday to Friday from 8.30 to 14.30
- Saturday from 10.30 to 14.30
- Tariff: €1

Launderette

- Max.15 persons per day
- To leave dirty clothes:
 - from Tuesday to Friday from 8.30 to 11.00
 - Saturday from 10.30 to 12.00
- To pick up clean clothes: the same day between 15.00 and 16.00, or during the following three days
- *Please note that on Wednesday DoucheFLUX is open exclusively to women!*
- *Please note that clean clothes are kept for three days at most*
- Tariff: €1/3kg (max.3kg per person)

Lockers

- **To rent a new locker** (according to the availability of empty lockers): come to the reception on Tuesday or Friday at 14.30.
- **To extend an existing rental or to access a locker you have rented:** come to the reception during general opening hours
- *Please note that on Wednesday DoucheFLUX is open exclusively to women!*
- Tariff:
 - €1, €1.50, €2 per week, depending on the size of the locker
 - €4 for a lost or broken locker key (you can ask DoucheFLUX to look after the key for you)

Social service

- From Tuesday to Friday from 9.00 to 15.00
- *Please note that on Wednesday DoucheFLUX is open exclusively to women!*
- The social worker can be reached from Monday to Friday from 9.00 to 15.00:
 - by telephone: 0470 87 42 60
 - by email: valentine.reyniers@doucheflux.be
- Tariff: free of charge

Nurse-led clinic

- From Tuesday to Friday from 10.00 to 12.00

- *Please note that on Wednesday DoucheFLUX is open exclusively to women!*
- Without appointment but registration required at the reception
- Tariff: free of charge

Physical therapy

- Wednesday from 14.00 to 16.00 for women only
- Saturday from 10.30 to 16.00 for all
- Only by medical prescription!
- Tariff: free of charge

Medical pedicure

- Friday from 13.00 to 16.00
- Registration required at the reception.
- Tariff: free of charge

Foot care

- Foot baths, cleaning and dressing of wounds, etc. (basic foot care, not podiatry or chiropody)
- Every other Saturday from 13.30 to 16.00 from 21.11.2020
- No appointment required
- Tariff: free of charge

Optician

- Second Thursday of every month from 10.00 to 12.00
- If you cannot speak French, Dutch or English, please bring someone with you who can translate for you, so that we can help you efficiently.
- Registration required at the reception
- Tariff: €1

Legal advice

- Open to all people without a Belgian residency permit, those who might meet the requirements to request asylum....
- Thursdays from 12.00 to 15.00
- Languages: French, Dutch, English
- No appointment needed, but ask at the DoucheFLUX reception when you arrive
- Tariff: free

Cyber Café

- Accessible during regular DoucheFLUX opening hours
- *Please note that on Wednesday DoucheFLUX is open exclusively to women!*
- 45 minutes per person
- Tariff: free
- Access to be requested at the reception
- Conditions: must be in possession of the DoucheFLUX identification card (available at the reception for free)

Sewing Repair Café

- Thursday from 10.00 to 13.00
- Tariff: free of charge

Mouth caps

- Available during the general opening hours
- Tariff: free of charge

Outdoor

Outreach

- From Monday to Friday from 8.30 to 12.30
- Two teams per day:
 1. Gare du Midi/Zuidstation – Porte de Hal/Naamsepoort – Porte de Hal/Hallepoort
 2. Gare Centrale/Centraal Station – Cathédrale Saints Michel et Gudule – Grand-Place/Grote Markt
- Distribution of water, lunch mouth caps and hydro alcoholic gel

Street & Read

- Friday
- Stops:
 - Central Station: from 11.00 to 12.30
 - South Station: from 14.00 to 15.00
- Tariff: free of charge

Activities from 15.11.2020

Due to the corona pandemic the activities calendar is subject to frequent changes. Go to doucheflux.be for up to date information.